

# Torkington Primary School

## PE Overview



nurturing potential, inspiring excellence

# EYFS



|           | TERM 1   |  | TERM 2  |  | TERM 3                        |                               |
|-----------|--|--|---|--|-------------------------------|-------------------------------|
| Nursery   | <b>Introduction to PE : Unit 1</b><br>Dance : Unit 1 | <b>Introduction to PE : Unit 1</b><br>Dance : Unit 1 | <b>Fundamentals : Unit 1</b><br>Gymnastics : Unit 1 | <b>Ball Skills : Unit 1</b><br>Gymnastics : Unit 1 | <b>Games : Unit 1</b><br>Yoga | <b>Games : Unit 1</b><br>Yoga |
| Reception | <b>Introduction to PE : Unit 2</b><br>Dance : Unit 2 | <b>Introduction to PE : Unit 2</b><br>Dance : Unit 2 | <b>Fundamentals : Unit 2</b><br>Gymnastics : Unit 2 | <b>Ball Skills : Unit 2</b><br>Gymnastics : Unit 2 | <b>Games : Unit 2</b><br>Yoga | <b>Games : Unit 2</b><br>Yoga |

# KS1



|        |                                   |  |                                       |                        |  |  |
|--------|-----------------------------------|--|---------------------------------------|------------------------|--|--|
| Year 1 | <b>Fundamentals</b><br>Gymnastics | <b>Invasion Games</b><br>Team Building | <b>Sending and Receiving</b><br>Dance | <b>Fitness</b><br>Yoga | <b>Athletics</b><br>Net and Wall Games | <b>Striking and Fielding Games</b><br>Target Games |
| Year 2 | <b>Fundamentals</b><br>Gymnastics | <b>Invasion Games</b><br>Team Building | <b>Sending and Receiving</b><br>Dance | <b>Fitness</b><br>Yoga | <b>Athletics</b><br>Net and Wall Games | <b>Striking and Fielding Games</b><br>Target Games |

# KS2

|        |                        |                      |                          |                             |                       |                               |
|--------|------------------------|----------------------|--------------------------|-----------------------------|-----------------------|-------------------------------|
| Year 3 | Football<br>Yoga       | Handball<br>Dance    | Basketball<br>Gymnastics | Hockey<br>Fundamentals Y3/4 | Athletics<br>Swimming | Tennis<br>Swimming            |
| Year 4 | Football<br>Swimming   | Handball<br>Swimming | Basketball<br>Gymnastics | Ball Skills Y3/4<br>Dance   | Athletics<br>Rounders | Tennis<br>OAA                 |
| Year 5 | Football<br>Gymnastics | Fitness<br>Dance     | Swimming<br>Basketball   | Hockey<br>Swimming          | Athletics<br>OAA      | Rounders<br>Golf              |
| Year 6 | Football<br>Gymnastics | Fitness<br>Dance     | OAA<br>Basketball        | Hockey<br>Yoga              | Athletics<br>Rounders | Cricket<br>School Performance |