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| --- | --- | --- | --- | --- | --- |
| **WEEK ONE** | **GREEN EARTH MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Planet Friendly Option** | **Mexican Bean & Roasted Vegetable Burrito**  **A picture containing text, clipart  Description automatically generated** | **Vegetarian Tikka Masala**  **& Rice**  **A picture containing text, clipart  Description automatically generated** | **Quorn Sausage casserole in a Yorkshire pudding**  **A picture containing text, clipart  Description automatically generated** | **Mediterranean Vegetable pasta bake** | **Cheese & onion roll & chips** |
| **Option Two** | **Pizza & Diced potato** | **Chicken & Indian Lentil Tikka**  **Masala Curry & Rice**  **A picture containing text, clipart  Description automatically generated** | **Roast Chicken & Roast Potatoes & Gravy** | **Pork Sausage Roll**  **& Skin on Baked Wedges** | **Cod Fish Fingers &**  **Chips** |
| **Vegetables** | **Mixed Vegetables, Sweetcorn** | **Peas, Cauliflower** | **Carrots,**  **Seasonal Greens** | **Green Beans, Sweetcorn** | **Baked Beans, Peas**  **A picture containing text, clipart  Description automatically generated** |
| **Jacket/sandwich** | **Fresh made sandwiches with Cheese or ham** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Hot Roast Sandwich** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Fish finger Sandwich,**  **Ham, Cheese or Tuna sandwich** |
| **Dessert** | **Homemade Apple Sponge Cake** | **Oaty Flapjack Finger** | **Homemade Vanilla Sponge & Custard** | **Fruity Strawberry Jelly & Mandarin Segments** | **Chocolate Shortbread** |

**TORKINGTON WEEK ONE**

**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**

**Torkington Week two**

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| **WEEK TWO** | **GREEN EARTH MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Planet Friendly Option** | **Loaded Cheesy Bean Hot Pitta Parcel**  **A picture containing text, clipart  Description automatically generated** | **Plant-based Bolognaise Pasta with lentils Peppers & Basil**  **A picture containing text, clipart  Description automatically generated** | **Quorn Sausage Toad in the Hole, Roast Potatoes & Gravy** | **Homemade Macaroni**  **Cheese** | **Cod Fish fingers & Chips** |
| **Option Two** | **Homemade Cheese & Tomato Pizza & Garlic Bread**  **A picture containing text, clipart  Description automatically generated** | **Hearty Pasta Bolognaise with Peppers**  **A picture containing text, clipart  Description automatically generated** | **Toad in the Hole, Roast Potatoes & Gravy** | **Mexican Style Chicken, & Sweetcorn Burrito**  **A picture containing text, clipart  Description automatically generated** | **Jacket Potato with Beans, Cheese or Tuna** |
| **Vegetables** | **Sweetcorn, Peas** | **Green Beans, Carrots** | **Cauliflower,**  **Seasonal Greens** | **Mixed Vegetables, Sweetcorn** | **Baked Beans, Peas**  **A picture containing text, clipart  Description automatically generated** |
| **Jacket/**  Sandwich | **Fresh made sandwiches with Cheese, Tuna or Ham** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Tomato & Basil Pasta** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Fish Finger Sandwich/Wrap, ham, Cheese or Tuna sandwich** |
| **Dessert** | **Apple & Sultana Crumble Bar** | **Chocolate & Banana muffin & Apple wedges** | **Jelly & Mandarins** | **Vanilla Sponge & Custard** | **Chocolate Cookie** |

**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**

**TORKINGTON WEEK THREE**

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| **WEEK THREE** | **GREEN EARTH MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Planet Friendly Option** | **Cheese & Tomato Pizza**  **& Wedges**  **A picture containing text, clipart  Description automatically generated** | **Plant based Mince & Lentil Cottage pie**  **A picture containing text, clipart  Description automatically generated** | **Lentil Roast, Roast Potatoes & Gravy** | **Veggie Meatballs & rice**  **A picture containing text, clipart  Description automatically generated** | **Macaroni Cheese** |
| **Option Two** | **Cheese & onion Pastry roll & wedges** | **Smoky Barbeque Chicken & Sweetcorn Meatballs & Rice** | **Roast Chicken, Roast Potatoes & Gravy** | **Beef Mince Chilli & Rice**  **A picture containing text, clipart  Description automatically generated** | **Cod Fish Fingers**  **& Chips** |
| **Vegetables** | **Sweetcorn, Cauliflower** | **Mixed Vegetables, Peas** | **Seasonal Greens, Carrots** | **Green Beans, Cauliflower** | **Baked Beans, Peas**  **A picture containing text, clipart  Description automatically generated** |
| **Jacket /**  Sandwich | **Fresh made sandwiches, Ham Cheese or Tuna** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Hot Roast Sandwich** | **Jacket Potato with Tuna Mayonnaise** or **Cheese** or **Beans** | **Fish finger Sandwich**  **Cheese, Tuna or Ham sandwich** |
| **Dessert** | **Chocolate Banana Cake** | **Oaty Flapjack Finger with Fruit** | **Homemade Chocolate Sponge & Custard** | **Citrusy Lemon Drizzle Cake** | **Shortbread & Mandarin Pieces** |

**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**