

One Voice PE at Torkington Primary School



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INTENT



Torkington Primary School understands the importance of Physical Education (P.E.) and the influence PE has on our pupils' physical, emotional, social and mental wellbeing.

The aims of the National Curriculum are incorporated into our PE teaching to ensure that all children develop the competence and confidence to engage in a variety of physical activities. We aim to ensure that all children are physically active, meeting the Government recommendation of 60 minutes per day. We also regularly seek opportunities for our children to take part in a variety of competitive sports and activities. Finally, it is important that pupil feedback is taken on a regular basis to provide a curriculum that is both engaging and child-led.



IMPLEMENTATION

As well as being taught as an area in its own right, Physical Education is incorporated across a variety of other curriculum areas, through enriching activities and after-school clubs.



KICKSTARTSPORTS

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IMPLEMENTATION

Whole School PE Progression

Delivered in collaboration with high-quality sports coaches (Kickstart Sports, LifeLeisure Hazel Grove) pupils from Nursery age to Year 6 take part in two 1 hour PE sessions per week.

The skills the children learn in each lesson are based around a focus sport, which changes on a half termly basis and is decided by the class teacher, PE coordinator and specialist sports coaches, in line with the National Curriculum.



2023/2024						
	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1 Dance : Unit 1	Introduction to PE : Unit 1 Dance : Unit 1	Fundamentals : Unit 1 Gymnastics : Unit 1	Ball Skills : Unit 1 Gymnastics : Unit 1	Games : Unit 1 Yoga	Games : Unit 1 Yoga
Reception	Introduction to PE : Unit 2 Dance : Unit 2	Introduction to PE : Unit 2 Dance : Unit 2	Fundamentals : Unit 2 Gymnastics : Unit 2	Ball Skills : Unit 2 Gymnastics : Unit 2	Games : Unit 2 Yoga	Games : Unit 2 Yoga
Year 1	Fundamentals Gymnastics	Invasion Games Team Building	Sending and Receiving Dance	Fitness Yoga	Athletics Net and Wall Games	Striking and Fielding Games Target Games
Year 2	Fundamentals Gymnastics	Invasion Games Team Building	Sending and Receiving Dance	Fitness Yoga	Athletics Net and Wall Games	Striking and Fielding Games Target Games
Year 3	Football Yoga	Handball Dance	Basketball Gymnastics	Hockey Fundamentals Y3/4	Athletics Swimming	Tennis Swimming
Year 4	Football Swimming	Handball Swimming	Basketball Gymnastics	Ball Skills Y3/4 Dance	Athletics Rounders	Tennis OAA
Year 5	Football Gymnastics	Fitness Dance	Swimming Basketball	Hockey Swimming	Athletics OAA	Rounders Golf
Year 6	Football Gymnastics	Fitness Dance	OAA Basketball	Hockey Yoga	Athletics Rounders	Cricket School Performance

Get Set 4 PE



- ▶ Get Set 4 PE is a set of lesson plans and schemes of work that help bring our PE curriculum closer in line with the aims of the National Curriculum. Following a review of our PE curriculum, as well as a staff voice, Dance was identified as an area to be developed.
- ▶ Get Set 4 PE contains plans with progressive activities across a wide variety of sports and physical exercise, with a particular focus on allowing the children to explore their skills and embed their knowledge.
- ▶ Following PE INSET, staff now deliver a w
- ▶ As well as encouraging staff to lead PE sessions, Get Set 4 PE has also influenced how we assess PE - our assessment document is much more skills focused and shows a progression of skills between year groups.

Swimming



Years 3, 4 and 5 take part in one full term's worth of swimming lessons each school year, taking place at Hazel Grove Leisure Centre.

Sessions are led by a qualified swimming teacher with class teachers allocated a higher ability group, following initial assessment by the swimming teacher. Teachers are provided with a lesson plan at the beginning of each lesson, and key skills are demonstrated by the swimming teacher.

Teaching assistants are regularly deployed to support LA swimmers, either in the shallow end or small pool where necessary. On occasion, TAs are provided with the opportunity to support less confident swimmers by supporting the lesson in the pool, with an aim to boost overall water confidence.

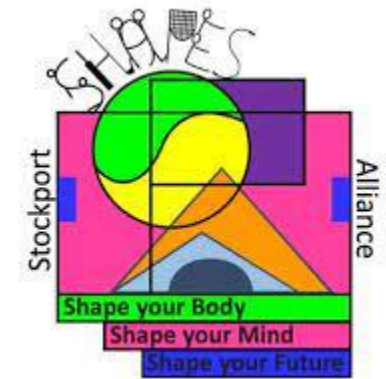
The children are assessed by the swimming teacher against the NC aim of being able to swim 25m confidently, using a variety of strokes.

External Agencies and Tournaments



External sports agencies are invited to lead tailored sports sessions at school, when the opportunity arises. A recent example is Sports for Schools, where former GB Paralympic sprinter Michael Churm led a whole morning of high intensity training with the children, to raise money for new school sports equipment.

We also work closely with Stockport Shapes Alliance to take part in organised sporting tournaments and events, including local small schools football matches against other schools in the Stockport area. Extra curricular clubs are also being looked at as an opportunity to take part in school sport tournaments led by Stockport Shapes Alliance – basketball club to take part in a out of school tournament during the Spring term.



IMPACT



- ▶ Providing high quality, cross curricular PE sessions highlights the following:
- ▶ Children at Torkington Primary School are happy, healthy and active.
- ▶ Staff are provided with opportunities to teach and develop their knowledge and understanding of the PE curriculum.

IMPACT



- ▶ The children are motivated to participate in a variety of sports through quality teaching that is engaging and fun.
- ▶ The PE curriculum is progressive, allowing children to develop fundamental skills and apply them to a variety of sports and activities.
- ▶ Our children are given plenty of opportunities to develop and challenge themselves. They are physically active, which has a positive impact on learning both in and out of the classroom.
- ▶ We aspire for our children to enjoy PE and help them to develop a love for sport. Children take part in extra-curricular activities and demonstrate their new skills in intra and inter sports competitions.
- ▶ Using their PE lessons as an influence, our children are learning to take responsibility for their own health and fitness, many of whom also enjoy the successes of competitive sports.

IMPACT - PUPIL VOICE

Year Group: Y3

1. Have you found active maths and English enjoyable? If so, what is it that you've enjoyed most about these active lessons? *Practice maths before trying in class.*

Yes, enjoy running around learning. Active Spelling makes learning new spellings easy.

2. Are there any benefits to being active whilst learning?

We get more energy and fresh air. Helps us get fit. We concentrate more.

3. Do you feel that you get plenty of opportunities to take part in active lessons each week? *We all do whole class on Friday.*

Once a week MGA. Yes.

4. Is there anything you would like to change about active maths/English?

We like worksheets for maths.

Sometimes we want to work on our own, sometimes in pairs.

Teach Active maths as a challenge.

Teach Active as homework

Longer Teach Active maths sessions

Whole maths lesson as Teach Active

- ▶ At the end of each half term, the content and quality of our PE sessions is monitored.
- ▶ Children complete a pupil voice session to express their views on the sports and skills they have developed, as well as gauging enjoyment levels. This information is then collated by the PE Co-ordinator, who assesses the information and uses it to influence future planning.

Area of PE	Confidence 0-5
Games	3
Gymnastics	2
Dance	2
OAA	3
Swimming	2
Athletics	4

Area of PE	Confidence 0-5	
Games	4	
Gymnastics		- never done
Dance	3	
OAA	4	
Swimming		- "
Athletics		- "

Area of PE	Confidence 0-5
Games	3
Gymnastics	2
Dance	2
OAA	2
Swimming	0
Athletics	3

Area of PE	Confidence 0-5
Games	4
Gymnastics	1
Dance	4
OAA	4
Swimming	1
Athletics	4

IMPACT - STAFF VOICE

- ▶ Based off a staff voice centred around overall teaching confidence surrounding PE, the results found that there was not a specific area of low confidence when it came to teaching PE.
- ▶ However, all members of staff cited an area of low confidence regarding at least one sporting area of PE.
- ▶ Since the implementation of TeachActive, informal learning walks suggest an increased overall confidence in leading PE sessions across all members of staff.

Next Steps:

▶ **KickstartSports**

Specific skills are detailed across all sports, outlined in the new assessment document. Both staff and children are aware of success criteria for each skill.

Class teachers are provided with more opportunities to work alongside Kickstart Sports, as well as building up confidence to support and lead PE sessions via team teach.

Evaluation of PE budget based on pupil engagement – do the resources we have allow children the opportunity to engage with all sports? e.g. handball.

▶ **Swimming**

Based on informal staff voice, class teachers would feel more comfortable with HA lesson plans were provided earlier and key skills explained in greater detail.

▶ **Competitions**

In addition to the recent engagement and success of the boys' football team, we are looking to set up a Year 5/6 girls football team in the new year, with the support of the local FA. I am also exploring opportunities in which to engage our more inactive children, starting with a whole school audit to create targeted groups of children.

Assessment

Continue to monitor new methods of assessment using online assessment document.